

## Michigan Department of Education Local School Wellness Policy Update Outline

Timeline and Team Details	Describe timeline and list possible Local School Wellness Policy Committee members
Timeframe update will occur (Month, Year – Month, Year)	May 2023
Planned meeting frequency	Yearly - 4 times
Designated leader(s) of the wellness policy team	Janeet Bellingsworth Dos Lynett Cole Etk Daniel Nolen High Principal Rob Pouch Superintendent Liz Benteke Etk Kyle Richard - School Nurse
LWP Team member names and relationship to the LEA	Kendal Crockett, Phys Ed Teacher

Public Notification and Outreach	For each stage of policy development:
	<ul style="list-style-type: none"> <li>List out groups of stakeholders to include in outreach/recruitment and notification.</li> <li>List method of notification (social media, email, newsletters, etc.)</li> </ul> <p>Stakeholders: Including but not limited to: parents/guardians, students, representatives of the school food authority, physical education teachers, school health professionals, the school board, school administrators, and the public.</p>
Policy Development	Parents/guardians, students, school board, public
	via social media and word of mouth
Policy Implementation (activities connected to the policy)	Parents/guardians, students, public, school board
	via social media and word of mouth
Policy Review and Update	School board, parents/guardians, students, public
	via social media and word of mouth

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LWP Content	Describe how each area will be included and who is responsible for this topic area
Nutrition Promotion	Janet Killingsworth DDS Providing a variety of fruits, vegetables and healthy homemade meals to all students
Nutrition Education	Kylie Richards Nurse Janet Killingsworth DDS Talking with students during/teaching their how eating fruit and vegetables should be part of your health
Physical Activity	Rendall Crockett, Phys Ed Teacher Teach students about why physical activity is important in staying fit and healthy
Other school-based activities that are designed to promote student wellness	Rob Pouch Superintendent, Teachers, and Principals Determine Calendar and when lunch is provided

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LWP Content Continued	Describe how each area will be included and who is responsible for this topic area
Standards and nutrition guidelines (Including all foods and beverages available on the school campus during the school day)	Only items approved by the MDE snack calendar will be served Jenett Killingsworth DDS
Policies that allow marketing or advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.	Policy 8500, entitled Food Service

Plan for Measuring Implementation	Identify tools and resources that can be used for assessment
What tools will be used for determining whether each school is implementing the policy as written?	Monitoring by food service director and by the school nurse and Principals
What tools will be used to complete the triennial assessment?	MDE Triennial Assessment Handout & Current Wellness Policy

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Notes

# Attendance Verification Sheet

Wellness Committee

Session Date: **March 23, 2022**

Name: Janet Kington DDS

Name: Lynette Cole, Business Mgr

Name: Elizabeth Benteke, Executive Asst

Name: [Signature] Rob Pouch / Superintendent

Name: Kendal Crockett, Phys Ed teacher

Name: Daniel Nolen, Principle

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_